



Hamblin Dental Implant and Aesthetic
One Sandy Center
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TEL: (801) 255-7645

Oral Sedation Information and Consent

Triazolam (Halcyon), although usually prescribed as a sleeping pill, is a medication that can greatly minimize anxiety that may be associated with dental treatment. In a relaxed state, you will still be able to communicate with the dentist while treatment is being preformed.

Even though it is safe, effective, and wears off rapidly after the dental visit, you should be aware of some important precautions and considerations:

- This consent form should be signed before you take the medication.
- This medication should not be used if:
 1. You are hypersensitive to benzodiazepines (Valium, Ativan, Verset, etc.)
 2. You are pregnant or breastfeeding
 3. You have liver or kidney disease

We ask that you tell the doctor if you are taking the following medications as they can adversely interact with Triazolam: Nefazodone (Serzone), Cimetidine (Tagament, Tagament HB, Novocimentine, or Peptol), Levadopa (Dopar or Larodopa for Parkinson's disease), antihistamines (Benedryl and Travist), Verapamil (Calan), Diltazem (Cardizem), Erthromycin and the Azole Antimycotics (Nizoral, Biaxin, or Sporanox) HIVdrugs (Indinavir and Nelfinovir) and Alcohol. Of course taking illicit drugs can also can untold reactions.

Side effects may include:

- Light headedness, headache, dizziness, visual disturbances, amnesia, and nausea. In some people, oral Triazolam may not work as desired.
- Smokers will probably notice a decrease in the medications ability to achieve desired results.
- Nitrous oxide may be used in conjunction with Triazolam and local anesthetic.
- On the way home from the dentist, your seat in the car should be in a reclined position. When at home, lie down with your head slightly elevated. Someone should stay with you for the next several hours because of possible disorientation and possible injury from falling.

The day of sedation:

- **No** food or water should be ingested (except to take meds) for six hours prior to appointment.
- **No** sedatives for 24 hours before or after appointment, unless prescribed by doctor.
- **No** stimulants for 12 hours before or after appointment (caffeine etc.)
- **No** driving, operating hazardous devices or heavy lifting for 24 hours after surgery.
- **No** stairs, making important decisions, or wearing contact lenses for 12 hours after surgery.
- **ABSOLUTELY NO** alcohol for 24 hours after taking sedative as it may lead to serious respiratory depression.

Please read, and initial:

____ I understand that there are risks or limitations to all procedures. For oral sedation these may include: Atypical reaction to drugs which may require emergency medical attention such as altered mental states, physical reactions, allergic reactions and other sicknesses; Inability to fully understand treatment options from the doctor, should circumstances require a change in treatment plan.

____ If during the procedure, a change in treatment is required, I authorize the doctor and the operative team to make whatever change they deem in their professional judgment is necessary. I understand that I have the right to designate an individual who will make such a decision, that person will be _____.

____ I have discussed oral sedation with my doctor and have had my questions answered to my satisfaction.

____ I understand that I will not be able to drive or operate machinery for 24 hours after my procedure. I understand I will need to have someone drive me to and from my dental appointment while taking this medication.

I hereby consent to oral sedation in conjunction with my dental care.

Name (Print) _____ Signature _____

Date _____ Witness _____